

# Laura A. Panos

Law Office of Laura A. Panos | Suffolk University Law School

At 16, Laura A. Panos began working for Blue Cross and Blue Shield as a file clerk. Not long after, she met the president of the company at an event.

Having already decided that she wanted to be a lawyer, Panos decided to send him a letter every year to update him on her educational progress and remind him of her desire to one day join the general counsel's office.

Panos worked at Blue Cross through high school, college and law school. When she graduated, she sent one last letter. In response, she received an invitation to interview with the law department.

"It was good luck that there happened to be an opening, and having worked there so long, I had valuable internal knowledge of the company," Panos says.

She spent six years in the legal department before moving on to work in-house at Bradlees Stores and later the Massachusetts Medical Society.

Nine years ago, she launched her own firm with a focus on employment law, representing larger businesses as well as some individual plaintiffs.

"I like controlling my own destiny and reaping what I sow," the Belmont attorney says. "My greatest skill is my ability to hustle."

And hustle she has, attracting large national corporations to her firm, as well as representing a handful of individual plaintiffs. She recently hired her first full-time associate.

"To get and keep a client, you have to be relatable, responsive, and clients have to know you are in the ring with them," Panos says. "No matter what, you don't have to have any boundaries for where your business can go."

A member of the Massachusetts and Boston bar associations, Panos is volunteer counsel for Wellington Elementary School and a board member of the College Diabetes Network Council. She previously served as a board member of the town of Belmont's Solid Waste and Recycling Committee and the Belmont Human Rights Commission.

An avid runner, Panos participates in various charitable races to raise money for breast cancer and diabetes.

2014  
*Top Women of law*



*"To get and keep a client, you have to be relatable, responsive, and clients have to know you are in the ring with them."*

law office of  
**Laura A Panos**

Effective, Aggressive Representation

[www.panoslawoffice.com](http://www.panoslawoffice.com)